

"How To Be Spiritually Fit" sample #1
Written by Frederick Passmore

(Begin Cut #1 on the Soundtrack CD, the Musical Skit Intro.)

(Leonard enters the stage. He is coming home from work, so he is tired.)

Leonard: *(Tossing his keys on the table and taking off his tie.)* Oh, man, what a day. I'm bushed. And I've got Men's Bible Study tonight, too. *(Looks at his watch.)* Guess I've got time to grab a bite to eat before I go.

(Begin Track #2: Phone rings once. He picks it up and answers it.)

Leonard: Hello? *(Pause.)* Oh, Hey, Bill. What's up? *(Pause.)* Well, I'm going to be leaving for Men's Bible Study in about a 20 minutes. Why? *(Pause.)* You've got something you ordered that you want to show me... *(Pause.)* Uh, huh. Well, I guess there's time... sure, come on over. The front door's open, just let yourself in. *(Pause.)* Okay, see you in a few. Bye. *(Hangs up.)* Wonder what's so urgent? He sounded really hyper about something he'd gotten. Hope it's not another one of his crazy new gizmos. Last time he bought a Combination Salad Shooter and Pooper Scooper. I haven't eaten at his house since.

(He sits down and picks up the TV remote.)

Leonard: Oh, well, guess I'll grab some supper after the meeting. I'll just relax and watch a little TV til he gets here.

(He holds up the remote toward the audience and clicks the TV on.)

(Begin Cut #3 on the Soundtrack CD, the TV sounds.)

(He clicks through a series of commercials, with evident boredom, until he settles on a channel.)

TV Announcer copy:

"Sick and tired of feeling sick and tired? Is your walk with God more like a shuffle? Is your hour of prayer more like a minute of meditation? Has your desire to get up and go witness, got up and went? Then you need to get spiritually fit with the world's most popular spiritual fitness trainer, Miss Fit. She's made available for the first time anywhere, the Spiritually Fit Kit, yours for the low, low price of \$99.95, made in three easy payments of 40.00 a month! You'll feel like a million bucks, just by following the simple directions and the easy to use Spiritually Fit items!"

(Leonard's face shows interest but disbelief.)

Testimonial #1: "Before I ordered the spiritually fit kit I was ignorant and lazy, now I am a spiritual dynamo and the pastor of a large church."

Testimonial #2: "After taking Miss Fitt's Spiritually Fit course, I changed from a 98 lb. weakling for God into a spiritual dynamo. Why, just yesterday, I beat up 5 atheists and a ACLU member!"

Annrc: "You'll be in tip-top spiritual health in one easy lesson, money back guaranteed! So have your credit card ready, and call the number on your screen, 1-800-Mis- Fitt. The number again, 1-800-Mis-Fitt. Call today!"

(With a disgusted and incredulous expression, Leonard clicks the TV off.)

Leonard: Man, that is so ridiculous. What kind of idiot, what kind of moron, what kind of **gullible fool** would fall for such a stupid thing?

(IMMEDIATELY begin Cut #4 on the Soundtrack CD, Bill's loud and brassy intro music: "Be Kind

*To Your Web-Footed Friends." Note: My sound board friend, this **must** come in the **instant** he says "stupid thing" to be effective, so don't miss your cue!!!)*

(As if in answer to Leonard's hypothetical question, and on the first note of the music, Bill leaps energetically into the room with a box held high in his hands, startling Leonard into standing.)

Bill: Waaaaa-hooooo!

(Bill marches triumphantly around the living room brandishing the box proudly in his animal slippers, as the short bit of music plays.)

Leonard: *(As the music ends.)* It's here, it's here, it's finally here!

Bill: What are you talking about?

Bill: *(Holding the box out at chest level with a proud grin.)* My Spiritually Fit Kit!

Leonard: *(Disbelievingly.)* **What!?** Don't tell me you fell for that ridiculous infomercial!

Bill: That's right, now we too can become spiritual Arnold Schwarzeneggers!

Leonard: I'm not sure that's a good thing...

Bill: I brought it over the moment it was delivered, to share with you! Yeah, we can do this program together and save money, maybe split the bill...?

Leonard: You want **me** to do that? No way... it's stupid!

Bill: *(Putting fists on his hips and tapping a foot in a fuzzy slipper.)* What do I look like, an idiot?
(Leonard very pointedly looks at Bill's fuzzy slippers.)

Leonard: You don't really want me to answer that, do you?

(Bill follows his gaze and realises with embarrassment that he has inadvertently worn them over.)

Bill: Oops! I forgot I had them on... I ran right over to share this with you and didn't stop to take them off.

Leonard: You shouldn't just take them off, you should put them out of their misery!

Bill: Look, forget the slippers.

Leonard: I wish I could!

Bill: Getting back to the kit... that **you** called "stupid." Are you inferring that **I'm** stupid for ordering it?

Leonard: *(Shrugging.)* Well, if the shoe fits.. or in this case, the fuzzy slipper.

Bill: I'll have you know I have a **very** high I.Q. I'm a member of MENSA. In fact, I've willed my brain to science!

Leonard: I think they came for it early! *(CONTINUES....)*