

## "The Wrap Group" Sample Pages #1

copyright 2006 Fred Passmore

*(If you are using the Skit Trax, begin Track #1, the skit open music.)*

*(Larry and Neal enter the room from one side. Leanne, the group leader, enters from the opposite direction.)*

Neal: Leanne, hi!

Leanne: Hi, Neal! Glad you made it.. We missed you last week.

Neal: Yeah, I was out of town. *(Indicates Larry.)* This is my friend and co-worker I was telling you about, Larry Longmire.

Leanne: *(Shaking Larry's hand.)* Hi, Larry, I'm Leanne, the leader of the local BWPA support group. I'm happy you came.

Larry: Thanks, nice to meet you. Neal's been telling me about your group, so I thought I'd come along. *(Others have begin to come in the room during this exchange, talking to each other and taking their seats in the semi-circle of chairs facing the front of the stage. The leader takes the center chair but remains standing.)*

Leanne: Okay, why don't we get started? Everyone?

*(The group slowly quiets down except for two who keep talking. After a moment they notice the silence and eyes on them and they pipe down, contritely.)*

Leanne: *(Smiling.)* Hi, everybody, thanks for coming, and welcome to Bubble-Wrap Poppers Anonymous!

Group: Hello!

Leanne: Let's open with our Positive Affirmation Statement, shall we?

*(Everyone stands.)*

Leanne: Everyone read together, now...

*(Leanne takes out a piece of paper, upon which the Statement is printed in large letters, and holds in front of her for them to see. She indicates with her finger each line as a prompt for them to read aloud.)*

Group: "I Am A Recovered Bubble-Wrap Popper.

I Choose Not To Pop Today.

The Bubble-Wrap Does Not Control My Life.

I Am In Control.

I Love Myself, Not Bubble-Wrap.

Amen."

*(Everyone claps in self-congratulation and they sit down. Leanne puts away the card and remains standing.)*

Leanne: I'm very happy to announce that we have a visitor today, invited by one of our members. Larry, please stand and tell us a little about yourself! *(She sits down.)*

Larry: *(Somewhat shyly, he stands.)* Uh, hi, everybody, my name is Larry Longmire, and I'm happy to be here.

Group: *(Loudly.)* Hi, Larry!

Larry: *(Startled, but recovers.)* Oh... uh, thanks. Well, I'm from here in town, and I've had some problems in the past with... you know. *(He holds up his hands, and on each one he squeezes his thumb and forefinger together several times, miming a popping motion.)*

*(The group nods and murmurs in understanding.)*

Larry: *(He looks down.)* This is kind of embarrassing.

Leanne: Go on, Larry, we're all friends here.

Larry: *(Gaining more confidence.)* Thanks. Well, I thought that, maybe, getting together with others that shared my addiction might, you know, help keep me from falling back into it. I've been doing real good lately, though, and if I can share something that has helped me, then it might help others, too. *(He sits down.)*

*(Everyone claps.)*

Leanne: Thanks, Larry, you've come to the right place, because we do understand your problem. We've all struggled with it from one degree to another. But there is strength in numbers, and we all support each other. Would anyone like to give a testimony?

George: *(Holding up his hand.)* I have a victory report!

Leanne: You may have the floor, George!

George: *(Standing.)* I'm happy to report that...

Leanne: *(Interrupting.)* Um, don't forget to introduce yourself, we do have some visitors!

George: Oh, right. Sorry. Hi everyone, my name is George, and I am a recovering Popaholic. I'm pleased to say, that with your help and support, I have been pop-free for nearly two weeks!

*(Everyone applauds and cheers him, as he smiles shyly and waves his thanks, sitting down.)*

Anna: *(Holding up her hand timidly.)* I have a confession.

Leanne: Go on, Anna.

Anna: *(Stands.)* Hi everyone, my name is Anna, and I am a recovering Popaholic.

Group: Hi, Anna.

Anna: I've been doing pretty good since last week's meeting... But I... I did have a slight... uh, what you might call a relapse, late last night. *(Covers her face in her hands and sobs.)* I'm so ashamed!

Leanne: Please, go ahead and tell us, it will help you be strong if you share.

Anna: *(Sniffing.)* Well, I was okay until the mailman delivered a CD I had ordered. It came packaged in bubblewrap, and as soon as I opened it, I popped one before I even knew what I had done. A little voice in my head said, "Just one more, what can it hurt?" So I did another one. And another, always thinking, "Just one more and that's it!" But... it got out of control... *(Moaning.)* And I popped them all! *(Tearfully.)* It's like they say... "Once you pop, you just can't stop!"

Leanne: *(Quickly.)* Ah, ah, ah! We don't say that here. That is a negative reinforcement statement.

Anna: *(Contritely.)* Sorry. I forgot.

*(Continued...)*